

Anti-inflammatorisk kost og levevis

Her finder du referencer og links til interessante artikler omkring antiinflammatorisk kost og levevis. Listen er et uddrag af den videnskabelige litteratur samt anden kompetent omtale. Fra de faglige artikler kan du via deres egne referencer komme videre i faglitteraturen. Mange er anvendt som research til bogen '**21 nye helbredende dage med antiinflammatorisk kost**' (Politikens Forlag). Nye referencer tilføjes løbende.

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